



How will we do this?

There are many possibilities

- Sharing stories of strength
- Learning more about traditional ways, including land-based activities.
- Developing leadership skills
- Learning to be entrepreneurial
- Building positive social supports in your community

What we do together will depend on what youth and the community think needs to be done.

What is this partnership about?

We are a team of community organizations from the NAN region and researchers from universities across Canada.

Our goal is to work with First Nations communities in the region to help understand what is needed to help youth:

- succeed in life,
- build resilience in the face of stressful situations,
- grow up in an environment in which they can thrive,
- be healthy and happy.

Youth Futures

Community-based research promoting youth resilience and prosperity

A Research Partnership

Indigenous Youth Futures:
Promoting youth resilience and prosperity in First Nations communities



How does it work?

- We work together to decide on the goals that meet the needs of the community and youth.
- We bring together different tools to achieve those goals, and then try them out.
- We do the research to see how these activities are working, and improve them.
- The data can be used to advocate for funding to keep the programs going.



How can you get involved?

We are looking to work with:

- Regional organizations that are already engaged so that we can coordinate to complement your activities to make positive change.
- Communities that are interested in collaborating to co-develop ways of engaging and supporting youth in the community.
- Young people who want to learn skills in research, leadership, public speaking, and who understand the importance of being positive role models and mentors to younger children.

If you're interested, get in touch with us, and let us know about you.

Monica Pishew, Youth Resiliency Research Coordinator,
monica.pishew@slfnha.com

Kim Matheson, Project Lead,
kim.matheson@carleton.ca

